



# The Chinga Bugle

YMCA CAMP CHINGACHGOOK

JUNE 2009

In less than one month, the picture above will reflect a reoccurring moment at Camp. The opening campfire for each session has always been one of my favorite Camp moments. What could possibly be better than watching your counselors act a little goofy and sing songs, all in front of a huge campfire? Let's hope all campfires look just like this.

## Upcoming Camp Events

June 6 - 7

### Women's Weekend

A fabulous opportunity to enjoy the pleasures of Camp in a weekend designed specifically for women.

June 24

### Open House 2 - 4 p.m.

Meet the counselors in your unit and get a great tour from Camp's program staff.

August 1

### Alumni Day

All Chingachgook alumni are invited to Camp for a day of fun, memories, and softball.

September 4 - 6

### Family Camp Weekend

Enjoy all the fun of summer camp as a family! Space is still available

To register for Chingachgook programs visit our website:  
[www.chingachgook.org](http://www.chingachgook.org).

YMCA Camp Chingachgook  
1872 Pilot Knob Road  
Kattskill Bay, NY 12844  
Phone: 518-656-9462



## From the Desk of the Summer Camp Director

Attention all 2009 Chingachgook campers. We welcome you to an open house Wednesday June 24, 2 - 5 p.m. Starting at 2:00, Chingachgook's program staff will be touring families around Camp, explaining the Camp program, and visiting each unit. Each unit will be showing off its fine counseling staff, and while we won't be able to tell you which counselor your camper will have this summer, you will get to meet the entire unit staff. Please call Camp to R.S.V.P.

As the days fall off the calendar and Camp approaches, there are many parents who are just as anxious for the summer experience as their children are. Here are some things that parents can do to survive the summer:

**Focus on the positive.** Your child is about to have a life-changing experience – kids have to have fun while developing social skills, building character and self respect, spending time in nature, and participating in a community based on caring, fairness, citizenship, and trust.

**Separation is natural and necessary.** Remember your baby's first crawl, the first time your child stepped onto a school bus, and his or her first overnight with a friend or relative. These memories are all important developmental phases you and your child successfully navigated. Each successful separation gives your child confidence for the next challenge. Recognize and expect success.

**You've taught them well.** Trust that the connection you have with your children doesn't break or evaporate when you are physically apart. Everything they carry you have taught them. Experiencing anxiety or sadness about seeing them off is entirely reasonable and understandable. How can you love your kids and not have some feelings like these?

**This is vital preparation.** As our children prepare to eventually leave home permanently, the camp experience will instill independence through summers of fun while helping them acquire skills that will serve them throughout their lives.

More great summer camp tips are available at the American Camp Association website, [www.acacamps.org](http://www.acacamps.org)

See you all soon! - Aaron

P.S. Check out the Camp blog: [www.campchingachgook.blogspot.com](http://www.campchingachgook.blogspot.com)

## Summer Countdown Alert!!

As of June 1, the exact amount of time until Camp is:

Session 1: 38,880 minutes or 2,332, 800 seconds  
Session 2: 59,040 minutes or 3,542,400 seconds  
Session 3: 79,200 minutes or 4,752,000 seconds  
Session 4: 99,360 minutes or 5,961,600 seconds  
Session 5: 109,440 minutes or 6,566,400 seconds  
Session 6: 119,520 minutes or 7,171,200 seconds

Previous trivia question: What was the name of Chingachgook's first adventure trip and in what year did it take place?

Previous trivia answer: Stay tuned, currently resolving a debate over the answer!

## Summer 2009 Dates

Session 1: 6/28 - 7/10

Session 2: 7/12 - 7/24

Session 3: 7/26 - 8/7

Session 4: 8/9 - 8/14

Session 5: 8/16 - 8/21

Session 6: 8/23 - 8/28

**Registration is open  
and waitlists are forming**

**Song of the Month**  
Cheap Trick - Surrender

**Meal of the Month**  
Tuna Noodle Casserole

**Refrigerator Trivia**  
At what age did current director, George Painter, start attending Chingachgook?

Find the answer in the next edition of the newsletter.

## Adventure 2009 Dates

Major Rock 6/28 - 7/10

Sea & Sand 6/28 - 7/17

So. White Water 6/28 - 7/10

Habitat 1 6/28 - 7/3

Adk Grand Slam 6/28 - 7/10

Adk Lakes Bike 6/28 - 7/3

Sail Lake George 6/28 - 7/3

Adk 46'er 7/5 - 8/7

**Registration is open  
and waitlists are forming**