



The Chinga Bugle

YMCA CAMP CHINGACHOOK

JUNE 2008

Lake George is warming up, people are starting to venture out on the lake for various activities, including swimming! Are you as excited as I am to jump off the rope swing this summer? Pretty soon the lake will be warm enough and I'll try it for the first time since last summer. Wish me luck!

Upcoming Camp Events

June 7 - 8

Women's Weekend

A fabulous opportunity to enjoy the pleasures of Camp in a weekend designed specifically for women.

June 25

Open House 3 - 5 p.m.

Meet the counselors in your village and get a great tour from Camp's program staff.

August 2

Alumni Day &

Baxter Park Dedication

All Camp alumni are invited to help us officially break in our new Baxter Park named in honor of past camp director, George Baxter.

August 29 - September 1

Family Camp Weekend

Enjoy all the fun of summer camp as a family!
Space is still available.

Register online for all Chingachook summer programs. Just visit our website: www.chingachook.org.

YMCA Camp Chingachook
1872 Pilot Knob Road
Kattskill Bay, NY 12844
Phone: 518-656-9462

From the Desk of the Summer Camp Director

Attention all 2008 Chingachook campers. We welcome you to an open house Sunday June 25, 3 - 5 p.m. Starting at 3:00, Chingachook's program staff will be touring families around Camp, explaining the Camp program, and visiting each village. Each village will be showing off its fine counseling staff, and while we won't be able to tell you which counselor your camper will have this summer, you will get to meet the entire village staff. Call Camp to R.S.V.P.

As the days fall off the calendar and Camp approaches, there are many parents who are just as anxious for the summer experience as their children are. Here are some things that parents can do, to survive the summer:

Focus on the positive. Your child is about to have a life-changing experience – kids have to have fun while developing social skills, building character and self respect, spending time in nature, and participating in a community based on caring, fairness, citizenship, and trust.

Separation is natural and necessary. Remember your baby's first crawl, the first time your child stepped onto a school bus, and his or her first overnight with a friend or relative. These memories are all important developmental phases you and your child successfully navigated. Each successful separation gives your child confidence for the next challenge. Recognize and expect success.

You've taught them well. Trust that the connection you have with your children doesn't break or evaporate when you are physically apart. Everything they carry you have taught them. Experiencing anxiety or sadness about seeing them off is entirely reasonable and understandable. How can you love your kids and not have some feelings like these?

This is vital preparation. As our children prepare to eventually leave home permanently, the camp experience will instill independence through summers of fun while helping them acquire skills that will serve them throughout their lives.

More great summer camp tips are available at the American Camp Association website, www.acacamps.org

See you all soon! - Aaron

P.S. Check out my Camp blog: www.campchingachook.blogspot.com

Summer 2008 Dates

- Session 1: 6/29 - 7/11
- Session 2: 7/13 - 7/25
- Session 3: 7/27 - 8/8
- Session 4: 8/10 - 8/15
- Session 5: 8/17 - 8/22
- Session 6: 8/24 - 8/30

Register online at www.chingachook.org

Song of the Month

Love Shack - B52's

Meal of the Month

Hike Prep Sunday Breakfast

Refrigerator Trivia

How many of the high rope elements can you name?

Find the answer in the next edition of the newsletter.

Camper Thoughts

Summer Countdown Alert!!

As of June 1, the exact amount of time until Camp is **41,760 minutes or 2,505,600 seconds.**

Who's coming back this summer? Katie, Erinn, Jo, Michelle, Mary, Zach, Phil,

Previous trivia question: Can you name all the different climbing routes on the climbing tower?

Previous trivia answer: Cascade Cliff, Bark Eater, Wall Face, Kings Wall, Poke-O-Moonshine, and Roger's Slide.

Adventure 2008 Dates

- Major Rock 6/29 - 7/11
- Sea & Sand 6/29 - 7/18
- ADK 46'er 7/6 - 8/8
- Adv Camp 2 7/13 - 7/25
- Waterways 7/13 - 7/25
- Rock n' Roll 2 7/20 - 7/25
- Habitat 4 8/3 - 8/8
- Great Range 8/3 - 8/8
- Sail Lake George 8/10 - 8/15

